

September 1, 2023

Welcome again to **BOOKBEAT**, a monthly newsletter about Hawai'i books focusing on Mutual Publishing titles.

It's been almost a month since the Maui wildfire destroyed Lahaina on the night of August 8. Since then, like everyone, we've been vigilantly following the news, worried about the survivors and the missing. Maui is foremost on our minds.

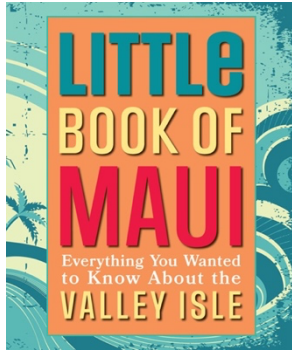
Mutual has published many books celebrating the beauty, culture, and history of Maui. We have been honored to work with Maui authors and photographers to tell Maui's stories. It's heartbreaking to see the destruction of historically significant structures along Front Street and overwhelming to think about the number of families who have lost their homes and family members. What will west Maui look like in the future? Who will have a voice in reshaping it?

For now, we can look to the past to imagine the future. Our books, both old and new, pay tribute to the Maui that was, and we will continue to document and celebrate the Maui of the future.

HELPING MAUI TOGETHER

Mutual has donated to relief efforts on Maui and we want to continue. Through the month of September, a portion of the proceeds from sales through our website and office bookstore will be donated to Hawaii Community Foundation [Maui Strong](#) fund. Book Club members can still use their 20% discount! We can all *kōkua* Maui together.

MAUI BOOKS



NEW!

Little Book of Maui

Everything You Wanted to Know About the Valley Isle

5 x 6 inches, 176 pages, softcover, \$9.95

Everything you ever wanted to know about the island of Maui is right here—facts and figures, the major districts, beaches, Hawaiian legends, historical figures, ancient sites, natural wonders, special events, movies, music, and food. Pick up the book and read any page to broaden your understanding and appreciation of the Valley Isle. Maui nō ka ‘oi—Maui is the best!

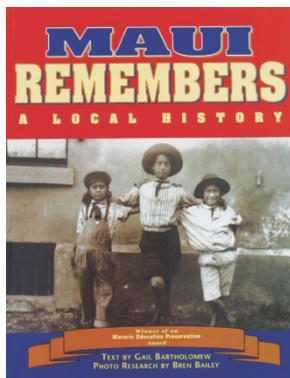
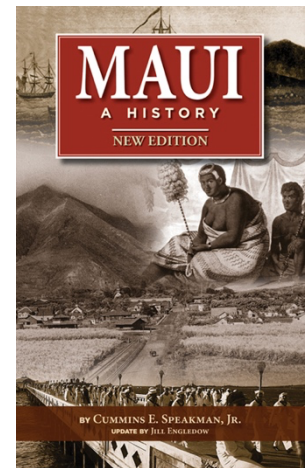
HISTORY/GUIDE

Maui A History

by Cummins E. Speakman, Jr.

5 x 8 in • 196 pp • softcover • retail \$14.95

Maui: A History reveals all the major events and personages in the island’s saga—Polynesian settlement, pre-contact life, European discovery, whaling, the coming of American missionaries, the development of a sugar plantation economy, the arrival of Asian immigrants to work the fields, and Camp Maui/World War II. History makers include: the ruthless chief Kahekili; the French explorer La Pérouse; the powerful ruling queen Ka‘ahumanu; Kamehameha III—Hawai‘i’s longest reigning monarch; missionaries Dwight Baldwin and William Richards; and sugar baron Claus Spreckels.



Maui Remembers: A Local History

by Gail Bartholomew and Bren Bailey

8.5 x 11 in • 176 pp • softcover • retail \$24.95

Through words and archival photographs as well as rare items of memorabilia, this book comprehensively covers Maui’s history from Polynesian origins to contact with Westerners, through the arrival of non-Polynesian settlers up to the modern era.

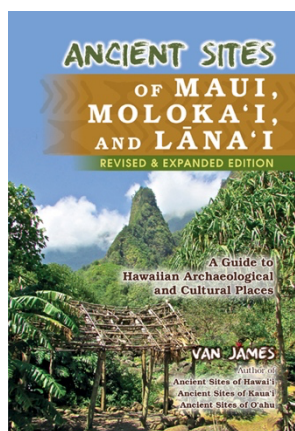
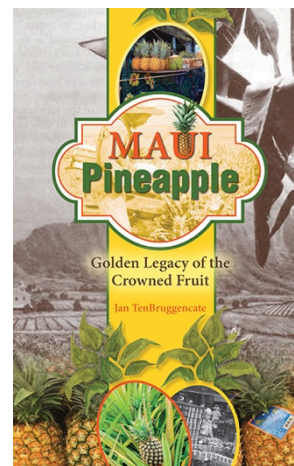
Maui Pineapple

by Jan TenBruggencate

5 x 8 in • 64 pp • softcover • retail \$7.95

Pineapple's succulent combination of sweet, tart and fragrant has entranced folks for decades. For more than a century, Maui was the heart of the Hawaiian pineapple industry. The crowned fruit graced thousands of acres on the slopes of Haleakalā, west and central Molokaʻi and gentle hills of Lānaʻi, the Pineapple Isle.

Maui Pineapple: Golden Legacy of the Crowned Fruit reviews the storied history of pineapple on Maui, from its beginnings in the 1840s, when thousands of fresh fruit went by clipper ship to California, to Hawaiian pineapple's glory days of the early 1900s, and finally through the industry's contraction due to international competition.



Ancient Sites of Maui, Molokaʻi, and Lānaʻi

by Van James

6 x 9 in • 200 pp • hardcover • retail \$21.95

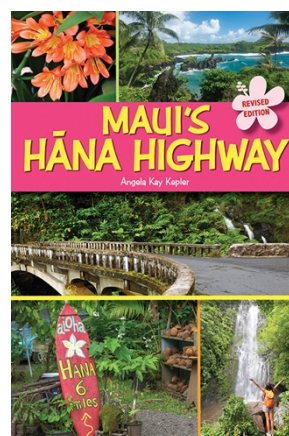
This informative and easy-to-follow guidebook makes the ancient sites of Maui, Molokaʻi and Lānaʻi available to the general public for the first time. Grouping the sites by location, the book characterizes the cultural background of five main types of sites: heiau (temples), pōhaku (sacred stones), petroglyphs, caves and fishponds. Now this entirely revised, updated, full color edition of the book includes numerous additional sites and expanded site descriptions with photographs.

Maui's Hāna Highway

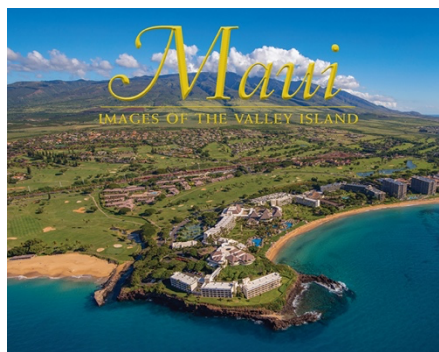
by Angela Kay Kepler

6 x 9 in • 80 pp • softcover • retail \$10.95

An incredible 52-mile journey of 617 curves and over 56 bridges through the most breathtaking scenery in all of Maui. Begin in Kahului, Maui's commercial center, and end in the Hāna area, the Shangri-la of Hawaii. Over 240 photographs explore unconquerable precipices, wave-thrashed shores, sculptured streams and verdant rain forests. Visit tropical gardens, freshwater caves, historic churches, Charles Lindbergh's grave, and gold, black and red sand beaches. Witness ancient Hawaiian civilization through legends, folklore, sacred temple sites and burial grounds. Hike along centuries-old coastal trails.



PICTORIAL



Maui Images

by Douglas Peebles

8 x 6.5 in • 48 pp • hardcover • retail \$9.95

Maui, the second largest and second youngest of the Hawaiian Island chain, is home to a diversity of unique sights that makes it one of the world's top resort destinations. *Maui: Images of the Valley Island* is a small, hardbound, easy-to-carry book which allows readers to witness the majesty of Haleakalā at sunrise, the giants of the sea as they surface off the historic town of Lahaina, the winding road to Hāna and to soar above Ūao valley through 46 individual photographs by talented island photographer Douglas Peebles.

Maui Ocean & Beach

8 x 6.5 in • 48 pp • hardcover • retail \$9.95

Surfing, paddling, snorkeling, and even just old-fashioned beach going and basking in the sun—it's all here in this amazing photo excursion of Maui's surrounding waters and shorelines. Best known for its verdant valleys, tropical rainforests, and majestic mountains, here is the other Maui that more and more people are coming to know and the new reason for visiting this exciting and fascinating gem of an island.



On a single day the ocean choices are unlimited—from swimming or playing in the water, to exploring the sea below, to a high energy sport like surfing. These rich images reveal and capture the Island's waters and show why close to two million visitors each year from all over the world choose Maui as a destination.



Maui As Seen from the Skies

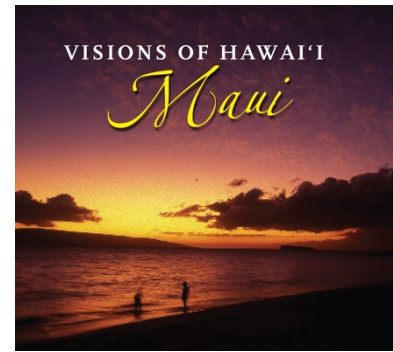
12.75 x 9.75 in • 32 pp • softcover • retail \$7.95

Maui as Seen From the Skies is a fantastic aerial journey around the island of Maui with talented cameraman Douglas Peebles. Each of Maui's most popular and well-known spots is beautifully and expertly captured in panoramic view on oversize pages for readers to fully appreciate the majesty of the island. Each landmark or view is also marked on a map of the island at the back of the book enabling visitors to see each sight in real life.

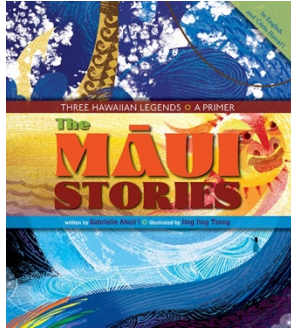
Visions of Hawai'i: Maui

4.25. 4.25 in • 56 pp • hardcover • retail \$5.95

Visions of Hawai'i: Maui captures the stunning beauty and essence of the island. These convenient, pocket-sized books are perfect as gifts for friends and family back home, or as mementos of that truly spectacular Hawaiian vacation.



CHILDREN'S



The Māui Stories

Three Hawaiian Legends, A Primer

written by Gabrielle Ahuli'i, illustrated by Jing Jing Tsong

8 x 9 inches, 60 pages, hardcover, bilingual, \$16.95

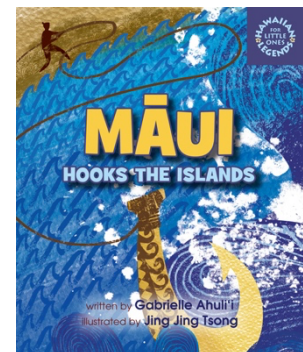
A collection of three Hawaiian legends written in English and Hawaiian: *Māui Hooks the Islands*, *Māui Slows the Sun*, and *Hina* for kindergarten through second grade. These stories, written by elementary school librarian, Gabby Ahuli'i, introduce young kids to the demigod Māui and his mother, Hina.

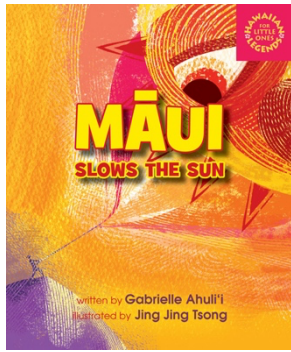
Māui Hooks the Islands

written by Gabrielle Ahuli'i, illustrated by Jing Jing Tsong

5 x 6 inches, 16 pages, board book, \$8.95

Māui Hooks the Islands introduces kids ages 0-4 to one of Hawai'i's best-known legends about Māui the demigod who fished up the Hawaiian islands using a magic fishing hook. Māui is a popular trickster demigod known throughout the Pacific whose many stories are full of adventure and mischief. In simple, poetic language, this origin story gives small kids a taste of Hawai'i's rich history of storytelling.





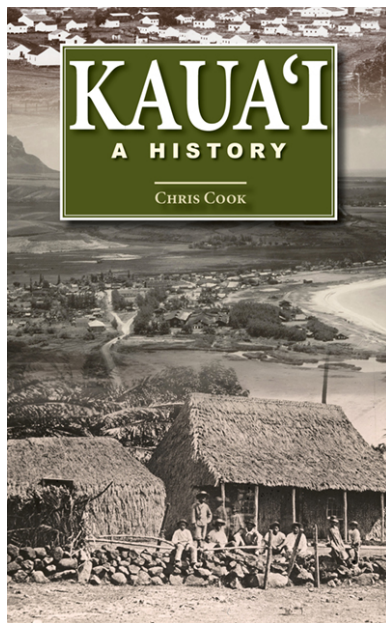
Māui Slows the Sun

written by Gabrielle Ahuli'i, illustrated by Jing Jing Tsong

5 x 6 inches, 16 pages, board book, \$8.95

Māui Slows the Sun introduces kids ages 0-4 to one of Hawai'i's best-known legends about Māui the demigod who slows the sun's journey across the sky so Maui's mother may have time to dry her kapa and people can enjoy the daylight longer. In simple, poetic language, this origin story about day time, night time, and the seasons, gives small kids a taste of Hawai'i's rich history of storytelling.

NEW TITLES AVAILABLE NOW!



Kaua'i A History

by Chris Cook

6 x 9 inches, 136 pages, softcover, \$14.95

Kaua'i A History paints a portrait of Old Kaua'i in words and images, bringing back to life the rich heritage and independence of an island portrayed as the Separate Kingdom by historian Edward Joesting.

The narrative and images concisely offer informed accounts of Kaua'i's history, both island-wide and individual towns. Explored are the mythical ancient days of a primordial island and the arrival of Polynesian settlers voyaging from Kahiki, their homeland in the South Pacific; the western discovery of the

Hawaiian Islands by Captain James Cook landing at Waimea, Kaua'i; the bringing of Christianity and literacy by New England missionaries; Baja California cowboys of the 1830s establishing the paniolo ranching culture; the establishment of the first commercially-run sugar plantation at Kōloa, the first ever in Hawai'i; the Victorian Era of the monarchy at Princeville; the overthrow of the Hawaiian Kingdom and annexation by the United States opening the floodgates of federal funding to develop the island; the drama of World War II in the Pacific bringing extended stays of thousands of off-islanders modernizing local ways; Hollywood choosing Kaua'i as its favorite tropical location island; tourism displacing sugar plantations in the economy.

A Birdwatcher's Guide to O'ahu

by Michael Walther

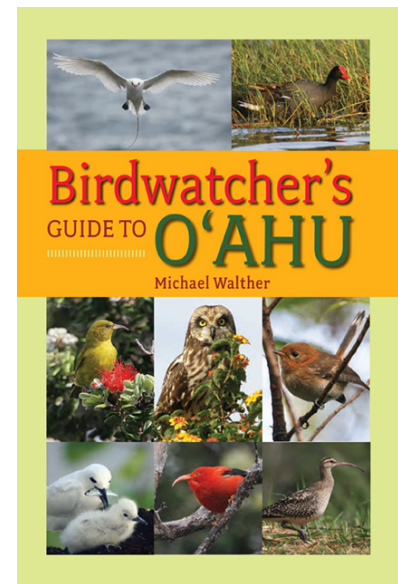
6 x 9 inches, 224 pages, softcover, \$16.95

Birdwatcher's Guide to O'ahu provides the necessary information to plan a visit to twenty-four of the best locations on O'ahu to see our fascinating avifauna. It is divided into seven geographic regions—Honolulu, Southeast, East, North Shore, Central, Ko'olau Range, and Pelagics. Birding hotspots in the island's coastal, rainforest, urban and offshore environments are also included.

Despite O'ahu being densely populated with people and buildings, there are excellent opportunities to see birds across the island—from urban areas to beaches to hiking trails to wildlife refuges. O'ahu is an ideal place for birding with 218 species on the official bird list that include waterfowl; game birds; seabirds; herons, egrets, and ibis; shorebirds; skuas and jaegers; gulls and terns; birds of prey; songbirds; and endemic forest birds.

O'ahu has more breeding seabirds on the island than any other in the Southeastern Hawaiian Islands. It is the best island to see the rare Bristle-thighed Curlew and the only island with breeding White Terns which are extremely rare on the neighbor islands.

Whether you're a backyard birder or a seasoned birder ready to hit the hiking trails with binoculars in hand, *Birdwatcher's Guide to O'ahu* is a must have with maps, charts, and information on all the birds you can find on the island.



Princess Ruth Ke'elikōlani

by Kristin Zambucka

6 x 9 inches, 104 pages, softcover, \$12.95

Princess Ruth Ke'elikōlani, a pictorial biography, is a colorful account of the life and times of the controversial Princess Ruth (1826–1883), one of the last chiefesses of old Hawai'i.

Ruth never left the islands throughout her life—Hawai'i was her world—and stubbornly, she clung to the old Hawaiian ways, ignoring the missionaries and their growing influence.

When the lava flow of 1881 threatened the town of Hilo, the High Chiefess was credited with stopping the fiery molten rock in its tracks by interceding with Pele, the goddess of volcanoes.

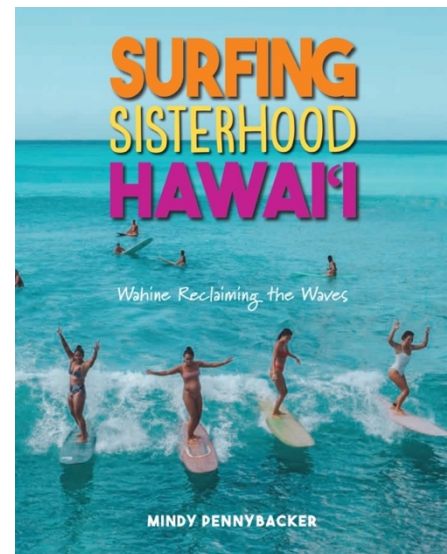
Surfing Sisterhood Hawai'i

Wahine Reclaiming the Waves

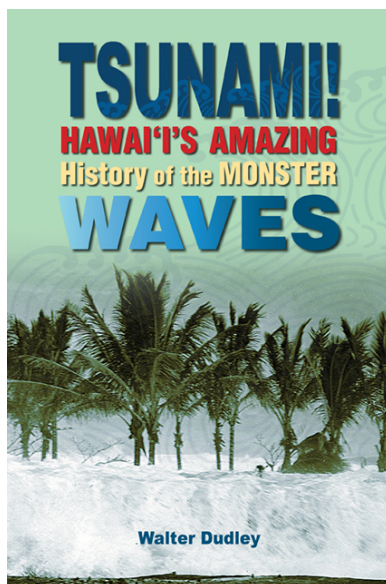
by Mindy Pennybacker

7 x 9, 200 pages, softcover, retail \$21.95

Surfing Sisterhood Hawai'i, written by Honolulu Star-Advertiser surf columnist, Mindy Pennybacker celebrates women surfers in Hawai'i. Not just the pro surfers, but the everyday moms, daughters, and aunts who hit the waves despite a myriad of obstacles they need to overcome like sexist attitudes both on the waves and off, limited time and resources, and personal anxieties.



Above all, the book is a celebration of the freedom these women surfers have created for themselves, carving out a space for women on waves meant to be shared by both sexes. Pennybacker, herself an avid surfer, includes a historical look at women who surfed in ancient Hawai'i, personal stories that shine a light on why surfing is so enticing for women, how it's different than for men, and a brief yet comprehensive look at the trailblazing women pro surfers of Hawai'i who paved the way and broke barriers. She also includes tips and advice for beginner surfers and explains surf etiquette.



Tsunami!

Hawai'i's Amazing History of the Monster Waves

by Walter Dudley

6 x 9, 152 pages, softcover, retail \$14.95

Tsunamis are Hawai'i's most deadly natural hazard, having killed more people than earthquakes, volcanic eruptions, and hurricanes combined. The 1946 tsunami from the Aleutians killed 159 people across the Islands causing deaths on Kaua'i, O'ahu, Maui, and especially on the Big Island. Furthermore, our volcanic islands experience their own periodic earthquakes, which can generate local tsunamis.

Hawai'i's history of tsunamis extends far back in time with accounts from missionaries in the 1800s and indigenous Hawaiian lore predating written records. But it is the true stories of those here in Hawai'i who survived the tsunamis of 1946, 1960, 1964, and 1975 that can teach us what the near-death tsunami experience was actually like.

This book contains true stories told to the author by some forty-five tsunami survivors and includes over seventy-five remarkable photos. You will learn what mistakes were made and what actions we need to take to stay safe. Improvements in the Tsunami Warning System are carefully explained, along with what actions to take during a tsunami warning. Learn from our cousins in American Samoa of how tsunami evacuation training at local schools saved hundreds of children's lives. We don't want you to be scared, we want you to be prepared. It's not "if" but "when" the next tsunami strikes.

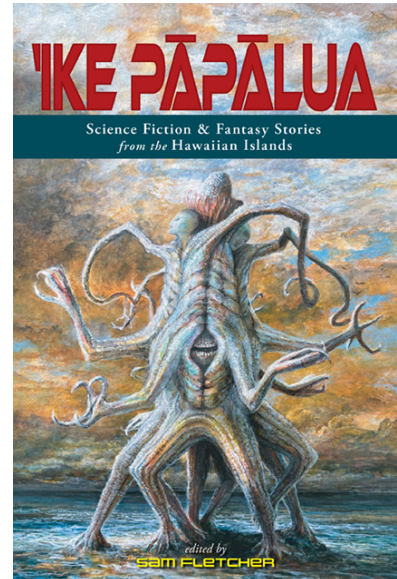
'Ike Pāpālua

Science Fiction & Fantasy Stories from the Hawaiian Islands

edited by Sam Fletcher

6 x 9 inches, 336 pages, softcover, \$16.95

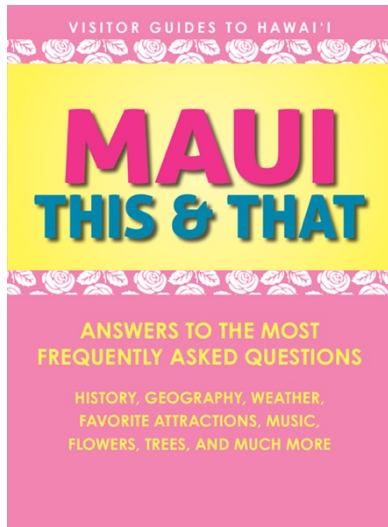
Are you a fan of science fiction? This new collection of science fiction and fantasy short stories set in Hawai'i by some of the islands' foremost fiction writers will transport you to other dimensions and have you think about Hawai'i in a whole new way.



Twenty-one tales of adventure, magic, beasts, gods, Menehune, advanced technology, apocalypse, ghosts, robots, and shapeshifters across the Hawaiian Islands. Featuring stories from A.A. Attanasio, Gregory Norman Bossert, Alan Brennert, A.M. Dellamonica, Tom Gammarino, Darien Gee, Alaya Dawn Johnson, Lehua Parker, Rhiannon Rasmussen, and more. A child is born as the kahuna prophesied, but to a misinterpreted prophesy. A Menehune duo plays pranks on tourists in Hāna. A Navy Diver attempts to salvage a wreck off Honolulu and finds something else lurking in the deep. After his grandfather passes, a young boy can still hear his call—but is it really him or a trickster spirit? Vampires have taken over Hawai'i, harvesting the last remaining humans in concentration camps. An ensign of the Star Union high above the Islands must prove worthy of their rank—and lineage.

AVAILABLE LATE SEPTEMBER

Similar to our book, *Hawai'i This and That*, these two island specific books are full of fun facts, tidbits, statistics, and bite-sized history for visitors who want to learn more about the island they are visiting.



Maui This & That

4.375 x 6 inches, 96 pages, softcover, \$5.95

Which beach is the best for windsurfing?

How many people visit Haleakalā National Park every year?

How much does it cost to live on Maui?

How many miles is the Road to Hāna?

When is the best time to see humpback whales?

Here are quick, easy answers to these and many other questions about the Valley Isle, statistics, facts and figures, and a historical timeline of significant events. Brush up on your knowledge of

Maui and gain a deeper appreciation for Hawai'i's beautiful and beloved island.

Kaua'i This & That

4.375 x 6 inches, 96 pages, softcover, \$5.95

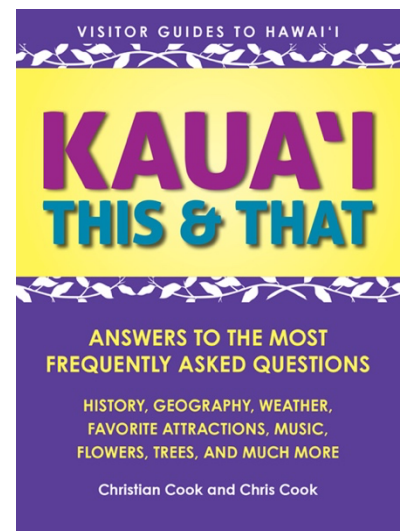
How high is Mount Wai'ale'ale?

How many people visit Waimea Canyon every year?

How much does it cost to live on Kaua'i?

What happened on Kaua'i after the overthrow of the Hawaiian monarchy? Where is the best place to see native birds?

Here are quick, easy answers to these and many other questions about the Garden Isle, statistics, facts and figures, and a historical timeline of significant events. Brush up on your knowledge of Kaua'i and gain a deeper appreciation for Hawai'i's oldest and beloved island.





Queen Emma: Emma Kaleleonālani

6 x 9 inches, 64 pages, softcover, \$11.95

Queen Emma, published in partnership with Queen Emma Summer Palace, is an intimate history of her extraordinary life and legacy—from her birth; to her marriage to Alexander Liholiho (Kamehameha IV); to her role in establishing The Queen’s Hospital and introduction of the Episcopal Church in Hawai’i; to the birth and death of her son, Prince Albert; to her world travels and dedication to philanthropy, education, and healthcare; to her death and legacy of maintaining Queen’s Hospital, St. Andrew’s Priory, and St. Andrew’s Cathedral.

THIS FALL...

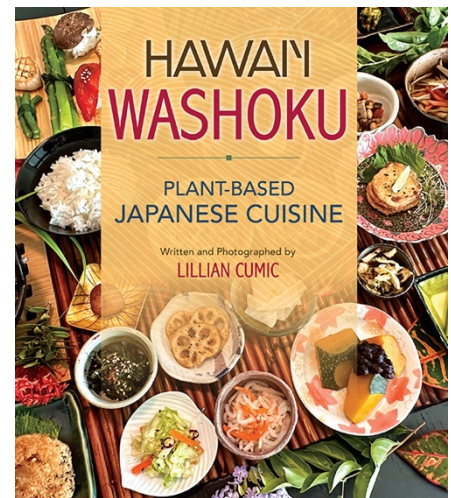
Hawai’i Washoku

Plant-Based Japanese Cuisine

written and photographed by Lillian Cunic

7.5 x 9 inches, 288 pages, hardcover wire-o, \$28.95

Hawai’i Washoku unites one of the world’s great cuisines with the spirit of Aloha to create harmony and peace at your table. Through a superbly photographed collection of over 175 plant-based and gluten-free Japanese recipes, vegan chef Lillian Cunic’s third cookbook is the ultimate chaperone for reimagining Japanese recipes into deliciously “planted” successes. Lillian began her cooking career in Japan where she lived for thirty years and fell in love with the people, its culture, and the food, leading her to the way of *washoku* and a whole new outlook on the dining experience.

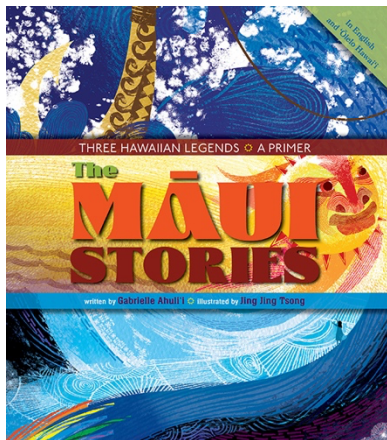


Washoku is based on the Japanese Buddhist principals of incorporating five colors, five flavors, five cooking methods, five senses, and five reflections in every meal to bring balance and alignment to the mind, body, and spirit. *Hawai’i Washoku* teaches the basics of modern Japanese cooking from a plant-based perspective with stellar recipes including colorful tsukemono “pickled things,” pub-style izakaya sides and nibbles, traditional simmered dishes with *ofukuro no aji* “mother’s taste,” and jaw-dropping “planted sashimi” hard to believe isn’t

from the briny deep, while fascinating *wagashi* sweets confirm Japan's cuisine as a true art form.

Hawai'i Washoku is a complete guide to help you master *washoku* with a plant-based twist. Lillian shares in-depth commentary on key ingredients and where to find them to stock your pantry. A must-have for Japanese foodies and a great table topper to evoke story and add to your cookbook collection.

NEW FROM BEACHHOUSE



The Māui Stories

Three Hawaiian Legends, A Primer

written by Gabrielle Ahuli'i, illustrated by Jing Jing Tsong

8 x 9 inches, 60 pages, hardcover, bilingual, \$16.95

A collection of three Hawaiian legends written in English and Hawaiian: *Māui Hooks the Islands*, *Māui Slows the Sun*, and *Hina* for kindergarten through second grade. These stories, written by elementary school librarian, Gabby Ahuli'i, introduce young kids to the demigod Māui and his mother, Hina.

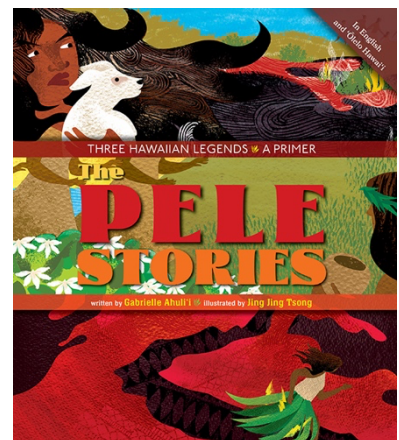
The Pele Stories

Three Hawaiian Legends, A Primer

written by Gabrielle Ahuli'i, illustrated by Jing Jing Tsong

8 x 9 inches, 60 pages, hardcover, bilingual, \$16.95

A collection of three Hawaiian legends written in English and Hawaiian: *Pele Finds a Home*, *Hi'iaka Battles the Wind* and *Naupaka* for kindergarten through second grade. These stories, written by elementary school librarian, Gabby Ahuli'i, introduce young kids to stories about Pele, the volcano goddess.





The Little Red Hen Hawaiian-Style

by Jennifer Morgan

8 x 9 inches, 32 pages, hardcover, \$14.95

A local version of the classic fable about a little red hen who decides to cook some ulu in an imu. As she sets about digging the hole, gathering lava rocks and banana leaves, she asks her friends the cat, dog, and pig to help. But at every step, they each say they are too busy to help.

When the ulu is cooked and the red hen uncovers the imu, letting out enticing aromas, cat, dog, and pig come sniffing over. But the little red hen will not have any of it. She exclaims that they cannot have any of the delicious ulu because they didn't help her dig the hole, collect the lava rocks, or cut the banana leaves.

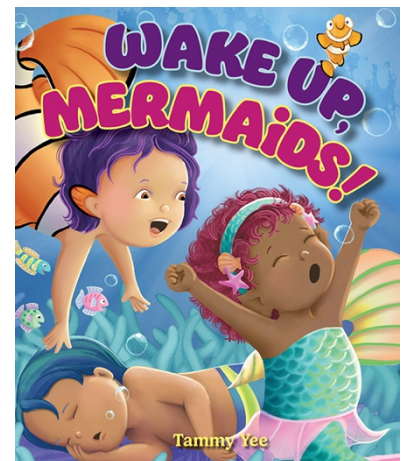
After her outburst, the little red hen feels terrible. In Hawaii, she knows she must show aloha. So she shares the ulu and to her surprise, her friends also bring food to share. The reason they were unable to help the little red hen the day before was because they, too, were busy gathering food to make a big feast. Cat was out catching fish; dog was collecting mangoes, and pig was harvesting kalo to make poi. After all their hard work, they sit together and enjoy their ono feast.

Wake Up, Mermaids!

written and illustrated by Tammy Yee

5 x 6 inches, 16 pages, board book, \$8.95

Wake up with three keiki mermaids and join their daily routine in Hawai'i's underwater world. After brushing their teeth, combing their hair, and making their beds, they're off to swim with seals and sing with whales...all except one sleepy mermaid...Toddlers will relate to the mermaid's daily routine and laugh at the one mermaid who simply sleeps throughout the day's adventures.



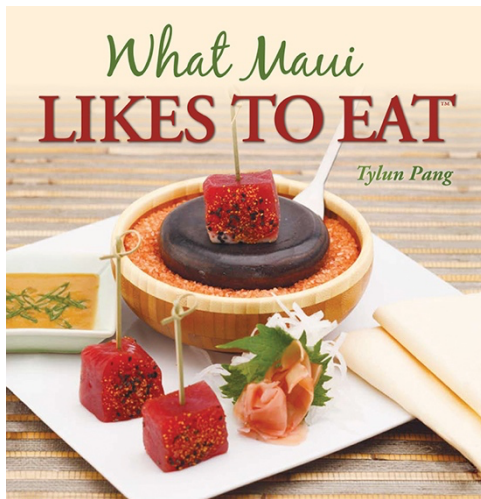
20% OFF PROMO CODE STILL VALID FOR BOOK CLUB MEMBERS

We are still offering free shipping to Hawai'i addresses for orders of \$30 and over. And be sure to use your Book Club member promo code to get 20% off all regular-priced books! Let your family and friends know that if they join our Book Club they will receive a special promo code and receive notice of all our upcoming promotions.

CURBSIDE PICK UP is still available. Just call us at 808-732-1709 when you're here and we will bring your order out!

FEATURED RECIPES

These two recipes are from *What Maui Likes to Eat* by beloved chef, Tylun Pang.



Poi Waffle Dogs

Yes, these are the famous poi waffle dogs sold at Baldwin High School basket ball games. More fun than the action on the court! You'll need a waffle iron to make them.

Yield: 8 servings

8 Maui hot dogs
8 wooden popsicle sticks



For the batter:

1 ¼ cup all-purpose flour
2 tablespoons sugar
4 teaspoons baking powder
¾ teaspoon salt
½ cup poi
2 whole eggs, beaten
1 cup milk
4 tablespoons vegetable oil

Thread the wooden popsicle sticks through the hot dog, the long way.

Sift together the flour, sugar, baking powder, and salt. Mix the poi, eggs, milk, and oil. Add the liquids to the sifted ingredient in three increments, beating after each addition. Don't overbeat; it's okay if there are a few small lumps.

Heat the waffle iron and lightly spray the plates with cooking spray to prevent sticking. Pour poi batter onto the bottom plate and put one hot dog, on its stick, into the center of the waffle. Close the iron and cook until the waffle is crisp and lightly browned. Serve hot with mustard and ketchup.

Blueberry Cream Cheese Pie

Banyan Inn

George and Ruth Tan started in business across from the historic Lahaina banyan in the late 1930s with a skating rink and a snack bar, which became popular with military men crowding Lahaina during World War II. Shortly thereafter, they built the Banyan Inn, Lahaina's first steak house, which retained its popularity for decades. The open-air building, with walls of flowers, shrubs, and trees, provided a comfortable Hawaiian atmosphere and its food drew people from far parts of the island until closing in the mid-1960s.

Chef Lorraine Iwamura Fujiyama was also the restaurant's baker, famous for her homemade breads and picture-perfect pies. Lorraine said the dessert most in-demand was the blueberry cream cheese pie, which they sold for 35 cents a slice, and she has graciously shared the recipe.

1 cup (half pint) whipping cream

½ teaspoon vanilla extract

1 (8-ounce) block of cream cheese (none of that fat-free stuff)

½ cup powdered sugar

1 (21-ounce) can Comstock or other blueberry filling

1 (8 ¾-inch) prepared pie crust (baked and cooled)

In a small bowl, combine whipping cream with vanilla. Using hand mixer, whip until firm. Set aside in refrigerator.

In a medium bowl, combine cream cheese with sugar and mix until light.

Add whipping cream mixture and mix or fold together. Pour into a cooled baked pie crust. Top with blueberry filling. Refrigerate for a minimum of 2 hours before serving.

PARKING

A QUICK AND IMPORTANT NOTE: The parking lot on Center Street, across the street from the Franklin Building where we are located, now has **SIX RESERVED** spots that you **cannot park** in—you **will be towed**. Please look out for them and do not park in these spots. Unfortunately, these are not for customers or clients of the building. Please park in unreserved stalls only. If you think you will need help, call 808-732-1709 ahead of time and we can bring your purchase out to you or help you find parking.



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